

# May 2021 Newsletter



May 1, 2021

Innisfail & Area Family Day Home Society

## Mother's Day Around the World

In many households, the second Sunday in May begins with breakfast in bed, a bouquet of flowers, homemade cards, and other tokens of affection for mom. In other corners of the globe, honoring Mom is a rite grounded in local traditions and customs.

### **India:** 10-Day Festival

Each October, Hindus honor Durga, the goddess of mothers, during the 10-day festival known as Durga Puja. The celebration is thought to date back to the sixteenth century and is considered both a religious ceremony and a time for family

reunions. Families spend weeks preparing food, gathering gifts, and decorating their homes for the festival.

**Japan:** The Right Flowers  
Following World War II, a version of Mother's Day grew popular as a way of comforting mothers who had lost sons to the war. You'll see carnations presented around this March holiday, as they symbolize the sweetness and endurance of motherhood in Japanese culture. Originally, children gave a red carnation to a living mother and displayed a white one if their mother had died. Now, white

has become the traditional color.

### **Ethiopia:** Sing Along!

The Antrosht festival, observed at the end of the rainy season in early fall, is dedicated to moms. After the weather clears for good, family members from all over flock to their homes for a large meal and celebration. Daughters traditionally bring vegetables and cheese, while sons supply the meat. Together, they prepare a meat hash and sing and perform dances that tell stories of family heroes.

Excerpt from: [www.scholastic.com/parents/family-life/parent-child/mothers-day-traditions-around-world.html](http://www.scholastic.com/parents/family-life/parent-child/mothers-day-traditions-around-world.html)

## Mother's Day Breakfast in Bed

### Smoothie Bowls

Serves 2

### Ingredients

2 c. frozen raspberries  
2 bananas  
1/2 c. Greek yogurt  
1 tbsp. chia seeds (optional)  
1/2 c. milk  
Granola, for serving  
Toasted coconut flakes, for serving

### Directions

In a blender, puree the raspberries, bananas, yogurt, chia seeds (if using) and milk until smooth.

Divide between bowls and top with granola and toasted coconut, if desired.

*\*\* To make it extra special top with edible flowers, such as pansies & violets*

Serve with mom's favourite drink (tea, coffee, juice).



[www.womansday.com/food-recipes/food-drinks/recipes/a53598/smoothie-bowls/](http://www.womansday.com/food-recipes/food-drinks/recipes/a53598/smoothie-bowls/)

Stirling T	Georgia C
Victoria A-M	Alison R-B
Novia A	Carson C
Macy M	Graysen H
Bree M	Charlene K
Rebecca A	Tracy S

*Happy Birthday to you ...* 🎵

The office will be  
closed May 24th

# Happy Educator Anniversary to

## May 21st is Early Childhood Educator Appreciation Day!

## Ages & Stages Questionnaires (ASQ®)

Everyone should have recently received an email and a link to complete an ASQ® Screening for their child(ren). If you did not receive one, or would prefer to complete the ASQ® on paper, please

let the office know and we will send one to you.

Once you complete the ASQ® you will receive a comprehensive recap outlining your child's strengths, along with some activities that you

can do at home with your child(ren) to build their skills.

There are no special tools or toys needed to complete the questionnaire and it is free for all agency

families and members.

If you have any questions about the process, please connect with us, we are happy to answer your questions.

## Areas on

The ASQ®-3 screens five key areas of development in young children to create a well-rounded snapshot of the child's skills and abilities. This handout lists the areas of development and briefly explains each.

### **Communication**

Assesses language, both what a child understands and how they follow directions (**receptive**) and how they vocalize, use words, and start to make sentences (**expressive**).

### **Gross Motor**

Assesses large muscle (body, arms, and legs) movement and coordination.

### **Fine Motor**

Assesses eye/hand and hand/finger movements and coordination, pre-writing skills.

### **Problem Solving**

Assesses skills of thinking and learning, how child solves problems, pre-academic skills.

### **Personal-Social**

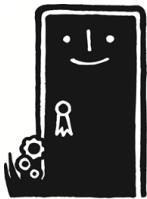
Assesses **self-help** skills (e.g., feeding, dressing, toileting) and **social interactions** with others.

*Making a difference in the lives of children and families since 1983!*



## **INNISFAIL & AREA FAMILY DAY HOME SOCIETY**

— Established in 1983 —



**Alberta  
Approved  
Family  
Day Homes**

### **COVID Support Funding**

Late fall 2020, a series of funding announcements were made in support of child care programs across the province (*consisting of provincial and federal dollars*). Each program was able to determine how best to utilize the funds received.

Our Advisory Board determined that the best use of the money would be to support families faced with having to stay home due to COVID illness requirements for quarantine and testing—either their own illness or their child's.

The agency credited families back for the days out of care while in quarantine or awaiting testing results, and still paid the educators on behalf of the families.

This was done to support families and to reduce some of the financial stresses of having to stay home due to the COVID health restrictions, and to ensure a stable income for the day home educators.

To date **\$11,000.00** has been credited back to families in our program.

## **Curriculum Corner—Indoor/Outdoor Spaces**

Ideas for Sorting Loose Parts -  
[fairydustteaching.com/2016/10/12-ideas-for-storing-loose-parts/](https://fairydustteaching.com/2016/10/12-ideas-for-storing-loose-parts/)

Outdoor Loose Parts Play -  
[www.fantasticfunandlearning.com/outdoor-play-with-loose-parts.html](https://www.fantasticfunandlearning.com/outdoor-play-with-loose-parts.html)

Designing Outdoor Play Spaces -  
[www.theempowerededucatoronline.com/2017/11/designing-outdoor-play-spaces-part-1.html/](https://www.theempowerededucatoronline.com/2017/11/designing-outdoor-play-spaces-part-1.html/)



Day Home Playroom Designs -  
[www.howtorunahomedaycare.com/articles/is-your-play-room-set-up-working-for-you-or-creating-problems/](https://www.howtorunahomedaycare.com/articles/is-your-play-room-set-up-working-for-you-or-creating-problems/)

Toy Rotation -  
[www.onehundredtoys.com/blogs/news/toy-rotation#:~:text=Summary-.What%20is%20toy%20rotation%3F,around%20on%20a%20regular%20basis.](https://www.onehundredtoys.com/blogs/news/toy-rotation#:~:text=Summary-.What%20is%20toy%20rotation%3F,around%20on%20a%20regular%20basis.)

Tinker Trays -  
[inspiremyplay.com/10-must-have-resources-for-small-world-play/](https://inspiremyplay.com/10-must-have-resources-for-small-world-play/)



Learning Spaces for Infants & Toddlers -  
[www.theempowerededucatoronline.com/2017/08/playful-learning-spaces-for-babies-and-toddlers.html/](https://www.theempowerededucatoronline.com/2017/08/playful-learning-spaces-for-babies-and-toddlers.html/)

Reading Nooks -  
[www.thespruce.com/best-reading-nook-ideas-2504800#step11](https://www.thespruce.com/best-reading-nook-ideas-2504800#step11)

Playroom Organization -  
[www.fromoverwhelmedtoorganizedblog.com/2012/10/31-days-of-organizing-day-19-playrooms.html#](https://www.fromoverwhelmedtoorganizedblog.com/2012/10/31-days-of-organizing-day-19-playrooms.html#)



# May 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 <i>Office Open til 6:30pm</i>  <i>Pay Day</i>	4 <i>May the Fourth be With you!</i> <i>Star Wars Day</i>	5	6 <i>Pedagogical Partners 7pm</i>	7  <i>No School</i>	8
9  <i>Mother's Day</i>	10	11	12	13	14	15
16	17 <i>Advisory Board Meeting 7pm</i>	18	19	20	21 <i>Happy Early Childhood Educators Day!</i> <i>No School</i>	22
23	24 <i>Office Closed</i> <i>No School</i> <i>Victoria Day</i>	25	26 <i>Educator Training Night 7pm</i>	27	28  <i>Month End Paperwork Due</i>	29
30	31				<b>Innisfail &amp; Area Family Day Home Society</b> 5713—51 Avenue Innisfail, AB T4G 1R4 403-227-2767 innisfaifdh@shawbiz.ca www.ifdhs.com 	

# June 2021



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<b>1</b> <i>Office Open til 6:30pm</i> <i>Pay Day</i>	2	3	4 <i>No School</i>	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
<b>20</b>  <i>Happy Father's Day</i>	<b>21</b> <i>Agency AGM 7pm</i>	22	23	24	25	26
27	28	<b>29</b> <i>Month End Paperwork Due</i> <i>Mud Day</i> <i>Last Day of School</i>	30		<div> <b>Innisfail &amp; Area Family Day Home Society</b>                      5713—51 Avenue                      Innisfail, AB T4G 1R4                      403-227-2767  <a href="mailto:innisfaifdh@shawbiz.ca">innisfaifdh@shawbiz.ca</a>  <a href="http://www.ifdhs.com">www.ifdhs.com</a> </div> 	